

(G6PD) Deficiency Anemia

We advise children & lactating mothers not to eat the following foods or to take the following drugs:

Food

Legumes like fo'ul & Flafel

Drugs as

Co-trimaxazole (septrin\ Bactrim), nalidixic acid, sulfonamide, chloroquine primaquine, chloramphenicol, nitrofurantoin, vit K analogs, high dose aspirin, naphthalene, etc.

Hemolytic Crisis Symptoms



Dark, tea-colored pee



 Jaundice (the skin and eyes look yellow)



Shortness of breath



Tiredness



 Loss of appetite for food or vomiting.

Head to the ER if you notice any of these warning signs

When your child visits his/her physician, please show him/her this card, so safe drugs can be given.